

COME TO WATCH & SUPPORT



I'm Gerbel Mikk-Poortmans.

An Estonian bodybuilder but as I live now in Belgium then I continue doing my sport, bodybuilding. Probably you have seen me in the gym or elsewhere.

My recent sports achievements:

2009 IFBB Nationals I & Belgian Fed Cup: bodybuilding champion

2007 & 2009 Estonian Bodybuilding Champion

2009 Estonian Powerlifting Champion

Anyhow, I will compete in following bodybuilding contest and it would be great to see you there.

Thank you in advance for your support!

*Regards and Stay Fit,
Gerbel ☺*

BODYBUILDING NATIONALS II

International Grand Prix of Flanders

Special guest posers

NINOVE

Cultuurcentrum „DE PLOMBLOM“

Graanmarkt 12

05/06/2010

17u/h

Duren vanaf: 15u/h

**Tickets 25 Eur (VIPS) & 15 Eur
(Doors 20 Eur)**

**Info over kaarten en
reservaties via 054 34 10 01**



Visit also my website:

GerbelMikk.com